

Wednesday, July 18

Session One: 10:00am-11:30am

Project Last Call

Level: Introductory

Category: Prevention

Project Last Call, a prevention program for restaurants and bars, was written in collaboration with local establishments and professionals with years of experience. Survivors have space to speak up, be supported and connected to resources. Establishments create a platform for creating safe work environments and healthier relationships, with a focus on building capacity within to continue these conversations year round.

Presented by: William McGinnis, President, Pittsburgh Action Against Rape, & Ryan Sabolcik, Pittsburgh Action Against Rape

Collaboration without Mission Drift

Level: Intermediate

Category: Policy, Program Development, Management

Organizational culture, funding, attitudes and other issues prevent organizations from collaborating to create a continuum of care for victims and their families. Learn how to move beyond all of the reasons why it won't work and do what is in the best interest of your clients, your organization and community.

Presented by: Penelope Ettinger, NOVA

Developing a Model of School-Based Trauma Counseling to Reach LGBT Identified Student Survivors

Level: Intermediate

Category: Counseling, Intervention, Program Development

Diaz, Kosciw, and Gretak (2010) suggest that providing in-school supportive resources for LGBT students is related to an increase in sense of belonging, less victimization, and, better psychosocial adjustment. This workshop will outline the program that has been developed by CVCLV to provide in-school counseling services for student victims of sexual assault, harassment, and gender based discrimination, with a specific focus on LGBT students. Discussion will follow of best practices for accessing hard to reach populations, such as LGBT students, through in-school services.

Presented by: Jacob A Wolf, M.Ed, Crime Victims Council of Lehigh Valley, & Rebecca Glassman, MSS, LSW, Crime Victims Council of Lehigh Valley.

Session One: 10:00am-11:30am

Human Trafficking: Counseling Tools

Level: Intermediate

Category: Counseling, Intervention

Presented by: Heather Evans, VAST

Sexual Violence & People with Intellectual Disabilities

Level: Advanced

Category: Legal, Advocacy, Intervention

This workshop will provide participants with information about intellectual disability (ID); how it impacts capacity to consent to sexual activity; working with victims with ID; an overview of guardianship and other interventions that may be available to help victims with ID.

Presented by: Robin Resnick, Disability Rights Pennsylvania, & Shari Mamas, Disability Rights Pennsylvania

Session Two: 1:30pm-3:00pm

Get Out: Navigating Privilege

Level: Intermediate

Category: Prevention

Through the examination of scenes in the film *Get Out*, participants will analyze how privilege and the use of micro-aggressions can impact the balance of power in relationships and complicate the process of “getting out.” We will examine how the normalization of abuse can delay responses in ending harmful relationships.

Presented by: LaQuisha Anthony, WOAR, & Leah Dirkse, WOAR

Supporting Survivors Within County Jails: Tale of Two Cities

Level: Introductory

Category: Legal, Advocacy, Intervention

It was the best of times; it was the worst of times. County jails, imprisoning criminals, partner with rape crisis centers, supporting survivors. Examine opportunities and barriers for change. Panel discussion on balancing the needs of the jail and inmates with the needs of the rape crisis center and victims.

Presented by: Brenna Lee, PAAR, & Marlene Auston, Passages

Session Two: 1:30pm-3:00pm

Feeling Again: Integrating Mindfulness & Yoga Into Trauma Work

Level: Introductory

Category: Counseling, Intervention

Integrating didactic and experiential learning, this training overviews research on mindfulness and yoga with clients traumatized by sexual violence. Further, it teaches participants practical techniques for integrating mindfulness and yoga to mitigate the impact of trauma, based on facilitators' experience working with survivors.

Presented by: Emily Cox, WOAR, & Anne Miller-Ueda, WOAR

Medical Advocacy Services for Transgender Survivors

Level: Intermediate

Category: Medical, Advocacy

This workshop focuses on the unique considerations and practices for providing medical advocacy for transgender survivors, including professional education and direct services. Training will cover unique barriers that transgender individuals face when accessing medical services. Participants will learn best practices for providing counseling and advocacy services in a medical setting.

Presented by: Tory Smith, Clinton County Women's Center

Los Retratos de mi Voz - Lessons from Our Raliance/NSVRC Research Project **BILINGUAL SESSION**

Level: Introductory

Category: Advocacy, Community Organizing, Research

In 2016, Safe Berks launched a Raliance grant project with Dr. Chiara Sabina to study Berks County Latinas' experiences with sexual violence, including a quantitative community survey and a Photo Voice group. This workshop describes the experience, the Photo Voice Group project, and results and lessons learned from the project

Presented by: Christine Gilfillan, Safe Berks, Dr. Chiara Sabina, University of Delaware, & Mereliss Colon-Ortiz, Safe Berks

Advocacy, It's Not About Us

Level: Intermediate

Category: PA Chapter of Children's Advocacy Centers

This presentation highlights how victim advocates across multiple settings break out of their silos, finding common ground and enhancing collaboration. Comparing Victim Advocate Standards including National Children's Alliance Standards, PCAR Standards and State Standards, similarities are identified. Challenging our own attitudes and assumptions helps break down barriers. Identifying ways we all care about serving children strengthens teamwork and best practice..

Presented by: Jo Ellen Bowman

Session Three: 3:15pm-4:45pm

A Semester of Service: A New Approach to Primary Prevention

Level: Introductory

Category: Prevention, Community Organizing

There is no one size fits all guide to implementing and completing primary prevention work within each of our communities. Sexual abuse crisis centers face a wide array of barriers such as time, resources, funding restrictions, and access. Utilizing a Service Learning model approach alleviates some of these barriers, builds partnerships between center staff, youth, and the community, as well as satisfies the principles of primary prevention work. This workshop aims to introduce participants to the Service Learning Model, explore ways to blend primary prevention tactics with the Service Learning model, and highlight positive outcomes of partnership between a high school teacher with extensive service learning model experience and a domestic and sexual violence crisis agency funded through PCAR (Women's Resources of Monroe County).

Presented by: Paige Fetterly, Gender Studies, East Stroudsburg High School South, Semester of Service & Patricia Tiernan, Former Prevention & Outreach Coordinator for Women's Resources of Monroe County, Tiernan: Teacher, ESHS-South

Easy, Efficient, and Effective Ways to Use Social Media to Reach Beyond Barriers

Level: Introductory

Category: Prevention, Community Organizing, Awareness, Marketing

Social media can be a difficult, time-consuming necessity. This workshop will demonstrate strategies and tools to manage your agency's social media page(s) in ways that are simpler, quicker, and more effective at engaging your audience. Points of focus will include content creation, online tools for efficiency, and community engagement.

Presented by: Jordan Gibby, Centre County Women's Resource Center

Survivor's Circle

Level: Introductory

Category: Self-Care

Many of us are driven to work in this movement because we are survivors of sexual assault ourselves. Being a survivor/advocate can be both challenging and rewarding. Join other survivor/advocates for this guided discussion and support circle about serving in this dual role and caring for our survivor selves.

Presented by: Erika B. Brosig, Victim Services, Inc & Barbara K. Reing, Victim Services, Inc

Session Three: 3:15pm-4:45pm

Creating a Specific LGBTQ+ Advocacy Project

Level: Intermediate

Category: Advocacy, Program Development, Management

This workshop will explore the path to creating a specific LGBTQ+ advocacy project within a sexual assault organization. Participants will learn of the importance of offering specific services to LGBTQ+ survivors and receive ideas for specific services that can be offered at their organization.

Presented by: Tory Smith, Clinton County Women's Center

Addressing the Needs of Older Adults Victims of Sexual Violence in Long Term Care Settings

Level: Introductory

Category: Advocacy

Elder victims of sexual violence in long term care face unique challenges. This workshop focuses on barriers victims face in long term care and includes an overview of the long term care victim advocacy program at the Center for Advocacy for the Rights and Interests of the Elderly in Philadelphia.

Presented by: Katie Block, Center for Advocacy for the Rights and Interests of the Elderly & Juliane Holz, Center for Advocacy for the Rights and Interests of the Elderly

First Responder Contact in Child Abuse Investigation: Minimal facts Interview

Level: Intermediate

Category: PA Chapter of Children's Advocacy Centers

A 1.5- hour presentation for multidisciplinary team members on the role that Minimal Facts Interviewing plays in child abuse investigations. Presenters will discuss how first responders can protect the disclosure and avoid interview duplication, as well as manage a case collaboratively to reduce trauma.

Presented by: Mikele Bay, David Sassa

Thursday, July 19

Session Four: 9:00am-12:00pm

Sexual Harassment Prevention in Schools

Level: Intermediate

Category: Prevention

With four out of five students reporting sexual harassment, school can be a training ground for tolerating and perpetrating sexual violence, or for learning the necessary skills for developing healthy relationships. We aim to heighten awareness about sexual harassment so that students and staff can identify sexually harassing behaviors and appropriately respond to ensure that sexually harassing behavior stops.

Presented by: Gail Brown, PAAR

Strength in Numbers

Level: Intermediate

Category: Advocacy

During this interactive workshop, participants will learn about effective multi-disciplinary team responses to sexual violence and human trafficking. Whether you are just beginning to think about forming a response team or want to boost your team's collaborative efforts and effectiveness, this workshop will offer practical tips and strategies for finding a common mission, increasing members' buy-in, and enhancing the inclusivity and reach of your team. Real-life examples of team successes and challenges will be explored.

Presented by: Karen Galbraith, PCAR, Michelle Cooper, YWCA York

Role of Advocacy & Prevention of Sexual Violence with Latino Families in Times of Crisis

Level: Intermediate

Category: Advocacy

We will discuss, in general, the impact of deportation policies on families and communities from Latin-American. Which can be the most risk factors the communities are afraid to be involved with the system. We will look for better cultural understanding. Especially during this time of oppress and impact in the Latino communities.

Presented by: Cristina Perez Director of Community Outreach, WOAR

Session Four: 9:00am-12:00pm

Engaging At-Risk Youth In Safety Planning & Building Connections

Level: Intermediate

Category: Counseling, Advocacy, Intervention, Prevention

The workshop examines strategies to engage with at risk youth to foster resiliency and promote safe and healthy relationships. Review activities and discuss practical application with young people you may work with or care about.

Presented by: Jenny Hempen, PAAR, & Megan Schroeder, PAAR

Understanding Complex Sex Offender Behavior

Level: Introductory

Category: Advocacy

Presented by investigators of the Sexual Offenders Assessment Board, this workshop serves to help inform professionals on the dynamic and complex behaviors of sex offenders. This workshop will focus on an overview of sex offender behavior, myths, effective treatments, and the role of advocates. This workshop seeks to assist advocates and allied professionals to better understand and serve people with problematic behavior.

Presented by: Members of the Sexual Offenders Assessment Board

Session Four: 9:00am-10:30pm

Active Shooter/Threat Workplace Safety and Security

Level: Introductory

Category: PA Chapter of Children's Advocacy Centers

This workshop is an overview of Active Shooter/Threat for the workplace. The presenter will create an awareness level for improved safety and security in your workplace. Discussion topics will include panic buttons, placement of security cameras, and electronic card readers. Major emphasis on having a policy/plan and training for an Active Shooter/Threat in and around your workplace. The presenter will give detailed examples on how to react to an Active Shooter/Threat in your workplace. The class will be presented with an opportunity to review and real life Active Threat incident that occurred in a PA County Courthouse.

Presented by: David Sassa

Session Four: 10:30am-12:00pm

A Child Advocacy Center Response to Children/Youth with Problematic Sexual Behavior

Level: Intermediate

Category: PA Chapter of Children's Advocacy Centers

This workshop will explore a CAC initiating a community collaborative response to children/youth with problematic sexual behavior. As well as discuss what is problematic sexual behavior. The workshop will highlight the Restoring Families Program that works with children 7-14 with problematic sexual behavior.

Presented by: Steve Doerner & Kelly Hagenbaugh

Session Five: 1:45pm-3:15pm

Gender Roles: The Good, The Bad, and the Mostly Bogus

Level: Intermediate

Category: Prevention

This workshop explores societal gender roles and how they perpetuate the existence of gender-based violence. Participants will examine these roles and the double standards they create. Consent, healthy relationships, and bystander intervention are all discussed as well so participants leave knowing exactly what they can do next.

Presented by: Emily Rieser, Crime Victims Council of Lehigh Valley

A Place of Their Own: The Use of Art Making & Creative Intervention with Incarcerated Survivors

Level: Introductory

Category: Counseling

The use of art therapy interventions with forensic populations who have sexual assault trauma in their history will be explored. After discussing issues related to their trauma and the ways in which incarceration can further affect them, the benefits of addressing these issues through creative intervention will be explored.

Presented by: Kate Stank, The Crime Victims' Center of Chester County, Inc

Mindfulness in Action

Level: Introductory

Category: Self-Care

Applying a variety of mindfulness techniques can cultivate a stronger connection to self-care. This workshop will provide a unique opportunity to learn an alternative approach to holistically connect to the self. Through interactive exercises, participants will quickly learn how to connect and care for self with mindfulness.

Presented by: Amy McMahon, Women's Resources Monroe County

Outreach to Male Survivors: Finding Simple & Effective Ways to Address the Barriers

Level: Intermediate

Category: Advocacy, Program Development, Awareness, Outreach

We know male survivors exist in large numbers, but few of us see men overcoming the barriers to seeking services. This workshop provides deeper understanding of issues faced by male survivors, as well as creative ways of reaching them, in order to break down barriers and help men begin healing.

Presented by: Jordan Gibby, Centre County WOMen's Resource Center

Session Five: 1:45pm-3:15pm

Obtaining Reimbursement for Therapy Services

Level: Introductory

Category: Counseling, intervention, management

The topic of outpatient billing is one that many sexual assault centers in Pennsylvania continue to be interested in. This workshop will present an opportunity to get questions answered related to billing for therapy services from colleagues in sexual assault centers who have experience with this process. Panelists will discuss the model used at their agency, answer frequently asked questions related to outpatient billing and share successes and challenges.

Presented by: Panelists from PA sexual assault centers, TBD

Children's Advocacy Centers: Creating Strong Multidisciplinary Responses to Child Abuse Cases in Pennsylvania

Level: Introductory

Category: PA Chapter of Children's Advocacy Centers

A 1.5 hour presentation and panel discussion on the shared responsibility for a strong multidisciplinary response to Pennsylvania's child abuse cases. Presenters represent a variety of CAC's from across the Commonwealth, from urban to rural.

Presented by: Mikele Bay, Alison Gray, David Sassa, Leslie Slingsby

